P**rogramme Content Sheet**

| Skate London Opens 2023 | Please type your responses. |
| --- | --- |
| Alexandra Palace 13th 14th 15th March 2023 |
|  |

| Name of Competitor(s |
| --- |
| Event/Category |
| Home Rink/Club - |
| **ELEMENTS IN ORDER OF SKATING**   |  | Time\* | Elements SP/SD |  |  | Time\* | Elements FS/FD | | --- | --- | --- | --- | --- | --- | --- | | 1 |  |  | 1 |  |  | | 2 |  |  | 2 |  |  | | 3 |  |  | 3 |  |  | | 4 |  |  | 4 |  |  | | 5 |  |  | 5 |  |  | | 6 |  |  | 6 |  |  | | 7 |  |  | 7 |  |  | | 8 |  |  | 8 |  |  | | 9 |  |  | 9 |  |  | | 10 |  |  | 10 |  |  | | 11 |  |  | 11 |  |  | | 12 |  |  | 12 |  |  |   \*Time during programme |

Form Completed by Date