P**rogramme Content Sheet**

| Skate London Opens 2023  | Please type your responses.  |
| --- | --- |
| Alexandra Palace 13th 14th 15th March 2023 |
|  |

| Name of Competitor(s  |
| --- |
| Event/Category  |
| Home Rink/Club - |
| **ELEMENTS IN ORDER OF SKATING**

|  | Time\* | Elements SP/SD |  |  | Time\* | Elements FS/FD  |
| --- | --- | --- | --- | --- | --- | --- |
| 1 |  |  | 1 |  |  |
| 2 |  |  | 2 |  |  |
| 3 |  |  | 3 |  |  |
| 4 |  |  | 4 |  |  |
| 5 |  |  | 5 |  |  |
| 6 |  |  | 6 |  |  |
| 7 |  |  | 7 |  |  |
| 8 |  |  | 8 |  |  |
| 9 |  |  | 9 |  |  |
| 10 |  |  | 10 |  |  |
| 11 |  |  | 11 |  |  |
| 12 |  |  | 12 |  |  |

\*Time during programme |

Form Completed by Date